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Subject: Into the Now

Date: Jul 7, 2017 11:45 PM

So much has happened
Too short a time
Rollercoastering
Through emotions
Pulsed through the shredder of feeling
Too much expected
Too little received
Dizzy from experiences
No time to assess
Weary from the fear
No time to recover
What happens next
No time to think
The next rushes into the now
And I must respond
Now
Before
The next rushes into the now.