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Subject: How many times do you tell me

Date: Sep 17, 2017 10:04 AM

How many times do you tell me

"Rejoice in the Lord"

"Be happy in Me."

How often do I

Wrap myself in chains

Of complaints, worries, problems

Missing every joy

You set before me

Then wonder why

My emotions are so negative

Why Your Good News

Doesn't cheer my heart

I'm doing it to myself.

Lord,

Help me to see the sun

And rejoice

Help me to feel the breeze

And rejoice

Help me to smell the flowers

And rejoice

Help me to hear a child's laugh

And rejoice

Lord,

Help me hear of Your love

And rejoice

Help me read of Jesus

And rejoice

Help me feel Your Spirit

And rejoice

Help me think of Heaven

And rejoice.

You are my God

Who delights in me

I will rejoice in You

All the days of my life